

Zen Clare Sangha June Sesshin 2017

Because things are the way they are, things won't stay the way they are.
- Bertolt Brecht

When:

- Friday, June 2: Check-in starts at 4 pm. Supper is at 6 pm. Sesshin begins at 7:00 pm.
- Sunday, June 4: Sesshin ends at noon. Lunch follows.

Where: Holy Trinity Spiritual Center, 8400 Park Heights Avenue North, Pikesville, MD 21208, (410) 486-5171.

Cost:

- Residential participation: June 2-4: \$225
- Single Day/Night: \$125
- Commuters (6am – 9pm): \$75 per day (pro-rated)

Format:

- Zen practice and training with Teachers of the White Plum Asanga – including zazen (sitting meditation), dharma talks, optional private interviews, chanting, meals, tea/coffee breaks, and rest practices.
- Sesshin training seeks to help deepen one's practice and appreciation of life.

Accommodations: Single room and sink; communal bathrooms/ showers.

Register:

- Send e-mail to register@zbcclaresangha.org with your name and phone number, your estimated day and time of arrival, and departure if you are leaving before Sunday noon. Also indicate if you wish a vegetarian option for meals.
- Prompt registration is encouraged by May 15 to reserve space and meals.
- Send full payment via check written to ZCB/Clare Sangha, with your name and e-mail address to the registrar:

Mike Shanahan,
11 Mission Wood Way,
Reisterstown, MD 21136

Please bring your own cushion/mat/bench if you have them