

**ZCB/Clare Sangha
Schedule
2016**

The Clare Sangha holds monthly days of silence and weeknight meetings at the Towson Unitarian-Universalist Church (TUUC), 1710 Dulaney Valley Road, Lutherville, MD 21093. Please arrive 15-30 minutes before the start time to get settled.

Monthly Days of Silence (*Zazenkais*)

Zazenkais are usually on the second Saturday of the month at TUUC. To accommodate out-of-towners, they run from 10am to 5pm, and consist of alternating periods of seated and walking meditation, dharma talk, optional interviews, coffee/tea and rest breaks, lunch, and spiritual circle. Beginning instruction is offered to newcomers, after which they may join in community practice until lunch, or for the rest of the day. Please bring a bag lunch. To register for a day of silence, send e-mail to register@zcbclaresangha.org, or register in person on-site the day of the event.

Weeknight Practice Meetings

Weeknight meetings are usually on the fourth Wednesday of the month from 7 to 8:30pm at TUUC. They provide an introduction to Zen and the study of beginner's mind, with the aim of helping newcomers establish a personal meditation and awareness practice. The meetings are an opportunity to train with senior students /meditation mentors and to prepare for the deepening practice of zazenkais and sesshins.

Seasonal Retreats (*Sesshins*)

Spring Sesshin: May 20-22

Holy Trinity Spiritual Center

8400 Park Heights Ave, Pikesville, MD 21208

Team Teaching by Senseis of the White Plum Lineage

Summer Sesshin: June 24-28

St. Raphaela Center

616 Coopertown Rd, Haverford, PA 19041

Team Teaching by Senseis of the White Plum Lineage

Fall Sesshin (mini-rohatsu): Dec 2-4

Holy Trinity Spiritual Center

8400 Park Heights Ave, Pikesville, MD 21208

Team Teaching by Senseis of the White Plum Lineage

ZCB Clare Sangha

Here is our schedule of zazenkais, weeknight meetings and sesshins in 2016:

Event	Day	Date	Time	Place
Zazenkai	Sat	Jan 9	10 am-5 pm	TUUC
Weeknight	Wed	Jan 27	6:30-8 pm	TUUC
Zazenkai	Sat	Feb 13	10 am-5 pm	TUUC
Weeknight	Wed	Feb 24	6:30-8 pm	TUUC
Zazenkai	Sat	Mar 5	10 am-5 pm	TUUC
Weeknight	Wed	Mar 23	6:30-8 pm	TUUC
Zazenkai	Sat	Apr 16	10 am-5 pm	TUUC
Weeknight	Wed	Apr 27	6:30-8 pm	TUUC
Spring Program	Fri-Sun	May 20-22	To be announced	Holy Trinity
Zazenkai	Sat	May 7	10 am-5 pm	TUUC
Weeknight	Wed	May 25	6:30-8 pm	TUUC
Zazenkai	Sat	Jun 11	10 am-5 pm	TUUC
Weeknight	Wed	Jun 22	6:30-8 pm	TUUC
Summer Sesshin	Fri-Tue	Jun 24-28	To be announced	San Raphaela Center
Zazenkai	Sat	Jul 9	10 am-5 pm	TUUC
Weeknight	Wed	Jul 27	6:30-8 pm	TUUC
Summer Break	N/A	August	N/A	No events
Zazenkai	Sat	Sep 10	10 am-5 pm	TUUC
Weeknight	Wed	Sep 28	6:30-8 pm	TUUC
Zazenkai	Sat	Oct 8	10 am-5 pm	TUUC
Weeknight	Wed	Oct 26	6:30-8 pm	TUUC
Zazenkai	Sat	Nov 5	10 am-5 pm	TUUC
Weeknight	Wed	Nov 16	6:30-8 pm	TUUC
Fall Sesshin	Fri-Sun	Dec 2-4	To be announced	Holy Trinity

Note: As all arrangements are temporary, our schedule is subject to change.

Other Scheduled Events 2016

To Be Announced