

**ZCB/Clare Sangha  
Schedule  
2017**

The Clare Sangha holds monthly days of silence and weeknight meetings at the Towson Unitarian-Universalist Church (TUUC), 1710 Dulaney Valley Road, Lutherville, MD 21093. Please arrive 15-30 minutes before the start time to get settled.

Monthly Days of Silence (*Zazenkais*)

Zazenkais are usually on the second Saturday of the month at TUUC. To accommodate out-of-towners, they run from 10am to 5pm, and consist of alternating periods of seated and walking meditation, dharma talk, optional interviews, coffee/tea and rest breaks, lunch, and spiritual circle. Beginning instruction is offered to newcomers, after which they may join in community practice until lunch, or for the rest of the day. Please bring a bag lunch. To register for a day of silence, send e-mail to [register@zbcclaresangha.org](mailto:register@zbcclaresangha.org), or register in person on-site the day of the event.

Weeknight Practice Meetings

Weeknight meetings are usually on the fourth Wednesday of the month from 6:30pm to 8pm at TUUC. They provide an introduction to Zen and the study of beginner's mind, with the aim of helping newcomers establish a personal meditation and awareness practice. The meetings are an opportunity to train with senior students /meditation mentors and to prepare for the deepening practice of zazenkais and sesshins.

Seasonal Retreats (*Sesshins*)

**Spring Sesshin: **To Be Announced (usually in April/May)****  
Team Teaching by Senseis of the White Plum Lineage

**Summer Sesshin: June 2-4**  
Holy Trinity Spiritual Center  
8400 Park Heights Ave, Pikesville, MD 21208  
Team Teaching by Senseis of the White Plum Lineage

**Fall Sesshin (mini-rohatsu): Dec 1-3**  
Holy Trinity Spiritual Center  
8400 Park Heights Ave, Pikesville, MD 21208  
Team Teaching by Senseis of the White Plum Lineage

## ZCB Clare Sangha

Here is our schedule of zazenkais, weeknight meetings and sesshins in 2017:

Event	Day	Date	Time	Place
Zazenkai	Sat	Jan 14	10 am-5 pm	TUUC
Weeknight	Wed	Jan 25	6:30-8 pm	TUUC
Zazenkai	Sat	Feb 18	10 am-5 pm	TUUC
Weeknight	Wed	Feb 22	6:30-8 pm	TUUC
Zazenkai	Sat	Mar 11	10 am-5 pm	TUUC
Weeknight	Wed	Mar 29	6:30-8 pm	TUUC
Zazenkai	Sat	Apr 8	10 am – 5 pm	<b>Holy Trinity</b>
Weeknight	Wed	Apr 26	6:30-8 pm	TUUC
Spring Program	Fri-Sun	<b>To be announced</b>	<b>To be announced</b>	<b>To be announced</b>
Zazenkai	Sat	May 6	10 am-5 pm	TUUC
Weeknight	Wed	May 31	6:30-8 pm	TUUC
Summer Sesshin	Fri-Sun	Jun 2-4	<b>To be announced</b>	Holy Trinity
Zazenkai	Sat	Jun 17	<b>Canceled</b>	<b>Canceled</b>
Weeknight	Wed	Jun 28	6:30-8 pm	TUUC
Zazenkai	Sat	Jul 8	10 am-5 pm	TUUC
Weeknight	Wed	Jul 26	6:30-8 pm	TUUC
Zazenkai	Sat	Aug 12	10 am-5 pm	TUUC
Weeknight	Wed	Aug 30	6:30-8 pm	TUUC
Zazenkai	Sat	Sep 9	10 am-5 pm	TUUC
Weeknight	Wed	Sep 27	6:30-8 pm	TUUC
Zazenkai	Sat	Oct 14	10 am-5 pm	TUUC
Weeknight	Wed	Oct 25	6:30-8 pm	TUUC
Zazenkai	Sat	Nov 11	10 am-5 pm	TUUC
Weeknight	Wed	Nov 29	6:30-8 pm	TUUC
Fall Sesshin	Fri-Sun	Dec 1-3	<b>To be announced</b>	Holy Trinity

**Note:** As all arrangements are temporary, our schedule is subject to change.

### Other Scheduled Events 2017

**To Be Announced**