

**ZCB/Clare Sangha
Schedule
2018**

The Clare Sangha holds monthly days of silence and weeknight meetings at the Towson Unitarian-Universalist Church (TUUC), 1710 Dulaney Valley Road, Lutherville, MD 21093. Please arrive 15-30 minutes before the start time to get settled.

Monthly Days of Silence (*Zazenkais*)

Zazenkais are usually on the second Saturday of the month at TUUC. To accommodate out-of-towners, they run from 10am to 5pm, and consist of alternating periods of seated and walking meditation, dharma talk, optional interviews, coffee/tea and rest breaks, lunch, and spiritual circle. Beginning instruction is offered to newcomers, after which they may join in community practice until lunch, or for the rest of the day. Please bring a bag lunch. To register for a day of silence, send e-mail to register@zbcclaresangha.org, or register in person on-site the day of the event.

Weeknight Practice Meetings

Weeknight meetings are usually on the fourth Wednesday of the month from 6:30pm to 8pm at TUUC. They provide an introduction to Zen and the study of beginner's mind, with the aim of helping newcomers establish a personal meditation and awareness practice. The meetings are an opportunity to train with senior students /meditation mentors and to prepare for the deepening practice of zazenkais and sesshins.

Seasonal Retreats (*Sesshins*)

Spring Sesshin: March 23-25

Holy Trinity Spiritual Center
8400 Park Heights Ave, Pikesville, MD 21208
Team Teaching by Senseis of the White Plum Lineage

Summer Sesshin: May 30 - Jun 3

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Fall Sesshin (mini-rohatsu): Dec 6 – Dec 9

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ZCB Clare Sangha

Here is our schedule of zazenkais, weeknight meetings and sesshins in 2018:

Event	Day	Date	Time	Place	Room(s)
Zazenkai	Sat	Jan 6	10 am-5 pm	TUUC	1, 2, & 7
Weeknight	Wed	Jan 24	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Feb 10	10 am-5 pm	TUUC	1, 2, & 7
Weeknight	Wed	Feb 28	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Mar 10	10 am-5 pm	TUUC	1, 2, & 7
Weeknight	Wed	None	N/A	N/A	1 & 2
Spring Sesshin	Fri-Sun	Mar 23-25	TBA	Holy Trinity	
Zazenkai	Sat	Apr 14	10 am – 5 pm	TUUC	1, 2, & 7
Weeknight	Wed	Apr 25	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	May 12	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	May 23	6:30-8 pm	TUUC	1 & 2
Summer Sesshin	Wed-Sun	May 30 – Jun 3	TBA	Holy Trinity	
Weeknight	Wed	Jun 27	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Jul 14	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Jul 25	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Aug 11	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Aug 22	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Sep 8	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Sep 26	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Oct 13	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Oct 24	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Nov 3	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Nov 28	6:30-8 pm	TUUC	1 & 2
Fall Sesshin	Thu	Dec 6 – Dec 9	TBA	Holy Trinity	

Note: As all arrangements are temporary, our schedule is subject to change.

Other Scheduled Events 2018

To Be Announced (TBA)