

**ZCB/Clare Sangha  
Schedule  
2019**

The Clare Sangha holds monthly days of silence and weeknight meetings at the Towson Unitarian-Universalist Church (TUUC), 1710 Dulaney Valley Road, Lutherville, MD 21093. Please arrive 15-30 minutes before the start time to get settled.

Monthly Days of Silence (*Zazenkais*)

Zazenkais are usually on the second Saturday of the month at TUUC. To accommodate out-of-towners, they run from 10am to 5pm, and consist of alternating periods of seated and walking meditation, dharma talk, optional interviews, coffee/tea and rest breaks, lunch, and spiritual circle. Beginning instruction is offered to newcomers, after which they may join in community practice until lunch, or for the rest of the day. Please bring a bag lunch. To register for a day of silence, send e-mail to [register@zbcclaresangha.org](mailto:register@zbcclaresangha.org), or register in person on-site the day of the event.

Weeknight Practice Meetings

Weeknight meetings are usually on the fourth Wednesday of the month from 6:30pm to 8pm at TUUC. They provide an introduction to Zen and the study of beginner's mind, with the aim of helping newcomers establish a personal meditation and awareness practice. The meetings are an opportunity to train with senior students /meditation mentors and to prepare for the deepening practice of zazenkais and sesshins.

## Seasonal Retreats (*Sesshins*)

All sesshins make use of team teaching by Senseis of the White Plum Lineage.

### **Spring Sesshin:** March 8-10

Pearlstone Conference & Retreat Center  
5425 Mt Gilead Rd, Reisterstown, MD 21136  
Phone: 410-500-5417

### **Summer Sesshin:** June 20-23

Pecometh: The Riverview Retreat Center  
136 Bookers Wharf Road, Centreville, MD 21617  
Phone: 410-556-6900

### **Fall Sesshin** (mini-rohatsu): Dec 5-8

Location: **TBA**

## ZCB Clare Sangha

Here is our schedule of zazenkais, weeknight meetings and sesshins in 2019:

Event	Day	Date	Time	Place	Room(s)
Zazenkai	Sat	Jan 12	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Jan 23	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Feb 9	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Feb 27	6:30-8 pm	TUUC	1 & 2
Weeknight	Wed	Mar 27	6:30-8 pm	N/A	1 & 2
Spring Sesshin	Fri-Sun	Mar 8-10	<b>TBA</b>	Pearlstone	Cabins 1-4
Zazenkai	Sat	Apr 13	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Apr 24	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	May 11	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	May 22	6:30-8 pm	TUUC	1 & 2
Summer Sesshin	Wed-Sun	Jun 20-23	<b>TBA</b>	Pecometh	<b>TBA</b>
Zazenkai	Sat	Jun 8	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Jun 26	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Jul 6	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Jul 24	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Aug 10	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Aug 28	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Sep 14	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Sep 25	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Oct 12	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Oct 23	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Nov 9	10 am-5 pm	TUUC	Chapel & 7
Weeknight	Wed	Nov 27	6:30-8 pm	TUUC	1 & 2
Zazenkai	Sat	Dec 14	10 am-5 pm	TUUC	Chapel & 7
Fall Sesshin	Thu	Dec 6-9	<b>TBA</b>	<b>TBA</b>	<b>TBA</b>

**Note:** As all arrangements are temporary, our schedule is subject to change.

### Other Scheduled Events 2019

**To Be Announced (TBA)**